

## **Brief Bio Highlights of Mr. Situ, Jie—10<sup>th</sup> Heir of Southern Shaolin Wei-Tuo**

*Born in Guilin, Guangxi, China; ancestors are natives of Guangdong Province.*

### **1951:**

*He was formally accepted & anointed as the disciple by the 9<sup>th</sup> Heir/Lineage Bearer of Southern Shaolin Wei-Tuo Protector Sect, venerable Elder Ji Gui 濟晷 (Buddhist monk, common name Weng Tianci 翁天賜, a native of Fujian Province).*

### **1961:**

*He suited up in the Chinese Air Force uniform for the mandatory military service.*

### **1983:**

*He graduated from college.*

### **1984:**

*He published the “8 Minute Practicing Method” (or 8-Minute Drill) book; furthermore, he was invited by Shanghai TV Station to conduct a special TV program.*

### **1984 – 1986:**

*He was frequently giving lectures at many institutions & companies including the Air Force Political Institute, Media Research institute, Public Health & Sanitation Newspaper, & many others.*



### **1987:**

*He was invited to lecture in Japan at the China-Japan Friendship Association, Guanxi Sports Athletic Center, Tokyo Dongyang Orthopedic Rehabilitation Clinic as well as others. In the same year, the “8 Minute Drill” became TV teaching material for NHK.*

### **1988:**

*He was invited to lecture in the United States at a succession of locations including University of Duke, Albert Einstein Research Institute of Princeton, University of Berkeley, & Claremont Colleges as well as others.*

### **1989:**

*He was named subdivision President for the International Martial Arts Medical University, US.*

### **1990:**

*He has begun his position as a guest professor at the Claremont Colleges, California, US. The 8-Minute Drill has been a formal 4-year college credits course.*

### **1992:**

*He organized as well as being selected as the president of the Wei-Tuo Intellectual Education Foundation.*

### **1995:**

*He was honored with the highest honorary doctorate of the US League of Nations College.*

### **1996:**

*He was the formerly-elected long-term honorary President for the World Traditional Chinese Medicine Alliance.*

### **1986 – Present:**

*He has published/presented the “Monism of Heart/Mind & Matter”, “Taking Control of Our Own Health”, “My Personal View of Chinese Medicine”, “Shaolin Health Regulating & Breathing Method”, “Intuitive Awareness is the Basis of Cognitive Science”, “Bagua (8 Trigrams) is the Model for the Information of all Matters”, etc.; & close to 100 articles, thesis, & speeches. Through the Shanghai People’s Publishing House, he recently published a book—“Bestowed the Precious Umbrella.”*

## 司徒杰先生简短的传记亮点—南少林韋馱護法門第十代掌門

生於中國廣西桂林，祖籍廣東人氏。

### 1951:

被濟畧長老收留為徒 (俗名翁天賜，係南少林韋馱護法門第九代掌門，福建人氏)。

### 1961:

于空軍服義務兵役。

### 1983:

大學畢業。

### 1984:

出版《八分鐘練功法》一書，曾在上海電視臺進行專題電視講座。

### 1984—1986:

還先後在大眾衛生報館等數十家單位講課。

### 1987:

應邀赴日本講學，同年課程被 NHK 編為電視教材。

### 1988:

應邀抵美國，先後在美國杜肯大學，普林斯頓愛因斯坦研究室，伯克萊大學，克蕾蒙學院等學府進行演講。

### 1989:

被美國國際武術醫科大學聘為分院院長，組建知識教育基金會並任會長。

### 1990:

始，出任加州克蕾蒙學院客席教授，所編著的“中國傳統醫學理論與傳統的健康鍛煉方法”被該學院引進為一門高學分的正式課程。

### 1995:

榮獲美國國際聯盟大學最高榮譽博士稱號。

### 1996:

曾當選為世界中醫聯盟永久名義會長。

### 1986——今:

曾演說發表過《心物一元論》《健康由自己來掌握》《中國醫學我之見》《少林調攝法》《感知功能是認知科學的基礎》《八卦是萬物信息的模式》等近百篇的論文。近年由上海人民出版社出版了《御賜的寶傘》一書。